

GLUTEN FREE MENU

Starters

Marinated olives	£3
Soup of the day – sliced bread	£5
Prawn cocktail – sliced bread	£6
Potato skins – cheese & bacon or cheese or onion - sour cream dip	£6
Cod Goujons – tartare sauce	£6
Peri peri chicken skewer – peri peri mayo	£6
Nachos	£6
Tortilla chips topped with salsa, red onion, cheddar cheese & sour cream (V)	
Add chicken or chilli for an extra £1.50	

Light Bites

Available as a sandwich, wrap or jacket

Gammon ham & cheddar cheese	£6
Prawn & Marie Rose sauce	£6
Tuna mayonnaise & cucumber	£6
Cod goujons, tartare & salad	£6
Sausage & red onion	£6
Bacon, lettuce & tomato	£6
Cheese & bean (jacket only)	£6
Chilli con carne (jacket only)	£7

Salads & ploughman's

Prawn salad	£10
Mixed leaves, tomatoes, cucumber & red peppers topped with prawns & Marie rose sauce	
Ploughman's	£11
Homemade coleslaw, salad, red onion chutney, pickled onions, beetroot & white bread with either gammon ham, cheddar cheese or Stilton	

Side Orders

Chips – skin on hand cut or skinny	£3
Sweet potato fries	£4
Homemade coleslaw	£4
Fresh seasonal vegetables	£4

From the Grill

All served with portobello mushroom, grilled tomato, salad garnish & either skin on hand cut chips, skinny fries, parsley butter baby potatoes, jacket potato or long grain rice

Mixed grill	£15
4oz rump steak, 4oz gammon steak, lamb chop, Cumberland sausage, fried egg & garden peas	
Lamb chops	£12
6oz Fillet	£18
8oz Rump	£15

Main Meals

Full rack BBQ ribs – skinny fries – homemade coleslaw	£13
Hunters chicken – skin on hand cut chips – homemade coleslaw	£12
Classic ham, egg & skin on hand cut chips	£10
Peri peri chicken breast – hand cut chips - salad	£13
Butternut, chick pea & spinach curry – rice – naan bread	£14
Sausage & mash – fresh vegetable – onion gravy	£11
Chilli con carne – rice – tortilla chips	£10
Cashew nut paella	£11
Honey roasted salmon – new potatoes – salad	£14
Chicken fajitas	£14
Red onions, peppers, mushrooms in a fajita spice served on a sizzling platter with tortilla wraps, salsa, cheddar cheese & sour cream	

Desserts

Apple & blackberry crumble	£6
Chocolate brownie – vanilla ice cream – chocolate sauce	£5
Chocolate brownie sundae	£6
Strawberry meringue – vanilla ice cream - whipped cream – strawberries – strawberry sauce	£6
Strawberries & cream	£5
Vanilla ice cream – chocolate, strawberry or toffee sauce	£3
Raspberry sorbet	£3